



RUBY SAHOTA

Member of Parliament – Brampton North
Députée - Brampton Nord

News Release

For Immediate Release

Federal Liberal Government Investing to Support Mental Health

26/06/2019 – Brampton, ON – Ms. Ruby Sahota, Member of Parliament for Brampton North is proud that Canada’s diversity is a source of strength and an important factor in our success as a country.

“All Canadians deserve equal opportunities to thrive, no matter their origin, culture, gender, religion, language or skin colour,” said MP Sahota. “Black Canadian communities often face unique and significant challenges, including racism and discrimination, which can have negative impacts on their mental health.”

The Government of Canada recognizes these systemic challenges and barriers, and is committed to addressing the challenges faced by Black Canadians. The Honourable Ginette Petitpas Taylor, Minister of Health, visited Brampton to announce funding for five community-based projects to develop culturally focused programming, capacity and knowledge to improve mental health supports for Black Canadians in their communities.

“Right here in Brampton, Aspire for Higher Elite Basketball will be receiving \$75,000 for their Mental Health Initiative Curriculum and Evaluation Plan Development, which will develop a mental health education curriculum, and build capacity for its implementation,” said MP Sahota. “The new mental health curriculum will be developed in consultation with mental health professionals, education professionals, child welfare organizations, and other partners and organizations.”

The projects announced are part of the first wave of funding under the Promoting Health Equity: Mental Health of Black Canadians Fund. The Fund will help strengthen mental health supports for Black youth, their families and communities, and to create supportive environments for positive mental health.

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