



# RUBY SAHOTA

Member of Parliament  
Brampton North



/RubySahotaLib



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RubySahotaMP.ca

**FALL 2020**

## A MESSAGE FROM YOUR MP

As your Member of Parliament, I'm continuing to work hard on behalf of Brampton North to keep our communities strong and healthy.

At the centre of our plan to better support Canadians during the pandemic is our supports and programming for Canada's seniors.

Since 2015, the Liberal Government has made several investments to increase seniors' quality of life, which I am proud to share with you here.

To learn more about what programs and supports are available to you during the pandemic, please visit [www.canada.ca](http://www.canada.ca)

## INFO

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## WE'RE INVESTING MORE IN SENIORS' WELLBEING

Seniors make invaluable contributions to their families and communities. **That's why we're investing more in the New Horizons for Seniors Program.**

This program supports projects that are designed **by seniors, for seniors**, to improve their everyday quality of life.

We're aiming to:

- Get seniors involved in their community
- Encourage a healthy and active lifestyle
- Help seniors share their knowledge and skills

**Since its creation, the New Horizons for Seniors Program has funded close to 21, 600 projects!**

# WE MADE LIFE LESS EXPENSIVE FOR SENIORS:



1

Restored the eligibility age for OAS and GIS benefits back to 65 from 67

2

Raised the maximum CPP benefit by up to 50%- the biggest increase ever

3

Gave \$1000 more to single seniors



Photo taken in 2018

4

Increased the GIS earnings exemption so low-income seniors who choose to keep working can keep more of their money

5

Temporarily extended GIS and Allowance payments



Photo taken in 2019

6

Reduced the required minimum withdrawals from Registered Retirement Income Funds by 25% for 2020

7

Invested \$9 million through United Way to support practical services for seniors

8

Invested \$1 billion to create the Safe Long-Term Care Fund to help protect people in long-term care and support infection prevention and control



Photo taken in 2019



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