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Ruby Sahota

Member of Parliament – Brampton North

News Release

For Immediate Release

Brampton North MP Mentors Young Canadians

MP Ruby Sahota spends the day Mentoring Young Canadians

16/09/2016 – Brampton, Ontario – Ms. Ruby Sahota, Member of Parliament for Brampton North, paid a visit to McMaster University to deliver a lecture to faculty and students. Ms. Sahota is an alumna of McMaster University where she completed a combined Honours Bachelor of Arts degree in Political Science and Peace Studies. Ms. Sahota began her visit by meeting young women who are currently enrolled in the Political Science program at McMaster. Ms. Sahota answered questions and gave advice to the group of young women, including that “it is important to involve youth in politics, but it is just as important to encourage and involve young women.” Ms. Sahota went on to say “sometimes young women are easily discouraged from entering politics, so it is up to women in positions similar to mine to reach out and help mentor other young women.”

Just before noon, Ms. Sahota gave an open lecture at the McMaster University Club where she discussed her journey into politics; the lecture aptly named ‘*McMaster to Parliament Hill: My Path into Politics*’. Ms. Sahota emphasized the importance for youth informing themselves about Canadian politics. Following the lecture, a Q&A was held where students had the opportunity to openly ask Ms. Sahota questions about politics and the process of getting elected as a MP.

Following her visit to McMaster, Ms. Sahota dropped by the Young Liberals Association fundraising barbeque at the University of Toronto Mississauga Campus. Ms. Sahota once again took time to answer questions and provide mentorship to members of the Young Liberals Association.

Ms. Sahota strongly believes that the youth vote and engaging young minds into politics is important for the future of Canada. Ms. Sahota provided all those she met with her telephone number, e-mail address and social media handles.

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